

Active For Life Scholarship Overview (Due May 1st)

The *Evolve Physical Therapy "Active For Life" \$500 Scholarship* is awarded annually to a deserving Sherwood High School student. Evolve Physical Therapy's mission is "To inspire our staff, patients, and community to live happier and healthier lives." This scholarship is part of our commitment to the community and aligns with our mission. We believe that developing good physical activity habits early lays the foundation for a happier, healthier life. We support and encourage the continuation of the exercise routines developed at Sherwood High School and encourage others to stay *Active For Life!*

The criteria for the *Evolve Physical Therapy "Active For Life" Scholarship* will be

- GPA \geq 3.0
- A senior accepted and enrolled at a two or four-year university
- Students with four years of participation in athletics.
 - Requires a coach's recommendation

Please submit the application, recommendation, and essay to :

info@ptevolve.com

Attention: A4L Sherwood Scholarship
by the deadline.

Active For Life Scholarship Questions

Name:

First Generation: Yes / No

Unweighted GPA:

College Choice (most likely):

Field you plan to pursue:

1. Briefly list or explain your extracurricular involvement in athletics, clubs, leadership, or work.
2. List or explain your commitment to service, including volunteering, church groups, and or helping with family responsibilities.
3. List honors and awards.
4. What are your current post-high school plans? Please explain the cost of those plans and how you plan to pay for them.
5. Explain your career/life aspirations and how you plan to give back to the community.
6. Have you participated in athletics for 4 years at Sherwood High School?
7. Please share what your participation in sports during High School has been. (225 characters)
8. Please share in 300-500 words how your participation in sports has shaped your view of what constitutes a healthy lifestyle and what it means to be "Active For Life."